



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Date: 18th March 2019

To,
The Secretaries / Executive Committee Members / Life Members
State Body Building Associations / Union Territories / Government Sports Boards
Affiliated to Indian Body Builders Federation
Mumbai.

Ref. No.: **IBBF/SARAI/CR-09-18-19**

Sub. : 30th Mr.Saraighat 2019, R.G.Baruah Memorial
(All India Classic Body Building Championship)

Dear Sir / Madam,

We are pleased to announce that **Assam Body Builders & Fitness Association** has taken the initiative under the leadership and guidance of **Mr. Bhabhajyoti Goswami** to organize the most prestigious Body Building competition “**30th Mr. Saraighat 2019**”, All India Classic Invitational Body Building Championship, at ITA, Centre, Maskhowa, Guwahati, Assam on 6th April 2019.

We on behalf of the Indian Body Builders Federation take this opportunity to invite the best body builders and officials from affiliated State / Union Territories / Sports Board units to participate in this most prestigious invitational body building championship of the year.

Thanking you.

For Indian Body Builders Federation

Mr. Chetan M. Pathare
General Secretary





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MR. SARAIGHAT 2019

SCHEDULE

Saturday 6th April, 2019

11.00 AM : Arrival of all competitors, officials & judges.
04.00 PM : Registration of Participants / Officials / Judges Panel
05.00 PM : Finals & Prize distribution
10.00 PM : Farewell Dinner

Sunday 7th April 2019

11.00 AM : Departure of all competitors, officials & judges

Entry Fee : Rs.500/- Per competitor

Prizes : For first ten winners will receive cash prizes of Rs.1,50,000/-,
Rs.1,00,000/-, Rs.80,000/-, Rs.60,000/-, Rs.50,000/-, Rs. 40,000/-,
Rs.30,000/-, Rs.25,000/-, Rs.25,000/-, Rs.25,000/- along with gift items.
All participants and Officials will receive Participation Certificates.

Rules & Regulations

- Strictly only best Competitors and invited IBBF Officials & Judges (**Excluding North East**) will be provided with the lodging, boarding, conveyance for one night and entry to finals. No other extra officials / judges / team managers / coaches / relatives, etc. will be entertained.
- Please note: All the officials are requested to remain present with proper uniform for finals. Officials without proper uniform will not be permitted for any official activities.
- All the participants are requested to get their own Music CD for the free posing performances to make this show a grand success.
- Participants are requested to use proper trunks and tanning cream (No Gold, Silver or Bronze colour allowed).
- Organiser will pay Rs. 5000/- each for invited International players only. (**Excluding North East**).

Contact : Mr. Bhabajyoti Goswami – 09401381658 / 09864060892

IBBF Secretariat : Mr. Chetan Pathare (General Secretary) – 09967971970

Please note : Indian Body Builder's Federation, Assam Body Builders & Fitness Association or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.

Entries : Please send your entries/confirmation on or before 30th March, 2019
General Secretary
Indian Body Builders Federation
C/o. Pathare Gymco
280/A, Jawalkar Mansion,
Dr. B. Ambedkar Road,
Parel, Mumbai-400 012.
Maharashtra.
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